

14 Prayer Modes

Download the Powerpoint! 14 Ways to Pray

St. Paul urges us to:

Rejoice always!

Pray constantly.

Give thanks in everything,

for this is God's will for you in Christ Jesus.

1 Thessalonians 5:16-18

Here are 14 prayer modes that allow us to pray always in all circumstances, all postures, and in every emotion of life.

1. Together Prayers

When they had prayed, the place where they were assembled was shaken, and they were all filled with the Holy Spirit and began to speak God's message with boldness. Acts 4:31

2. Face-down prayers

Jehoshaphat bowed down with his face to the ground, and all the people of Judah and Jerusalem fell down in worship before the LORD. 2 Chronicles 20:18

3. Hands lifted prayers

Ezra praised the LORD, the great God; and all the people lifted their hands and responded, "Amen! Amen!" Then they bowed down and worshiped the LORD with their faces to the ground. Nehemiah 8:6

4. Silent Prayers

Be still before the LORD and wait patiently for him; do not fret when people succeed in their ways, when they carry out

their wicked schemes. Psalm 37:7

5. Closet Prayers

Surely You desire integrity in the inner self, and You teach me wisdom deep within.

Psalm 51:6

6. Walking Prayers

And he said to the people, "Go forward. March around the city and let the armed men pass on before the ark of the LORD."

Joshua 6:7

7. Fasting Prayers

And then as a widow until she was eighty-four. She did not depart from the temple, worshiping with fasting and prayer night and day. Luke 2:37

8. Singing Prayers

About midnight Paul and Silas were praying and singing hymns to God,

Acts 16:25

9. Waking Prayers

Then Eli understood that the Lord was calling the boy. 9 He told Samuel, "Go and lie down. If He calls you, say, 'Speak, Lord, for Your servant is listening.'" 1 Samuel 3:9

10. Warring Prayers

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 2 Corinthians 10:4

11. Enemy Prayers

"You have heard that it was said, Love your neighbor and hate

your enemy. But I tell you, love your enemies and pray for those who persecute you, Matthew 5:43-44

12. Groaning prayers

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. Romans 8:26

13. Weeping Prayers

Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. (James 4:8–9)

14. Scripture Prayers

The LORD said to me, “You have seen correctly, for I am watching to see that my word is fulfilled.”

Jeremiah 1:12

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