Simple is Better

The sad tale of Bernie Madoff reminds us of the hubris, greed, and tyranny that lurks in *every* heart of flesh. The inventor of the world's greatest Ponzi scheme began his descent into madness out of the deep cavernous craving for more. How about us? Certainly we're not Bernie, but a little Bernie resides in all of us. What owner of a 401K doesn't squirm as he watches the Dow fall 4% in a day? What guy doesn't look at a nice car, a bigger house, a better position without that whisper for more. Jesus calls us to a greater adventure: the adventure of simplicity. Why is it that most lottery winners report being less happy than before they won it? Here's an even better question: Why spend 50 years accumulating wealth when an eternity awaits us? That's something to invest in. Live simply in this life and enjoy the extravagance of joy in the next.

It all begins with simplicity. Simplicity says: It wasn't mine in the first place, so I don't have to fight to own it. It's best given away. And once I do, life becomes less difficult. Fewer locks. Fewer statements. Less paperwork. Less maintenance. We can whittle life down to important things and we see that the best things in life are not found in malls. Needful things become fewer. Beans, Rice and water will begin to taste better than burgers and sodas. The pace slows down, the rashes disappear and sleep is less frenetic even in dreams. The body understands itself more, even on a cellular level because we were never created to endure the stress of obsession and hyper-accumulation. Preoccupation with phantom concerns and paper tigers dissolve. We encounter God because we have fewer things to hide behind. In Matthew 5-6 *(the Sermon on the Mount)* Jesus offers this truth more than once. Treasures on earth are ***so*** not eternal. Birds are happier. They don't worry about their kids when they fly away. They don't stay up late freaking out about the shortage of worms in the month of June. Just look at those birds and you'll forget the

bucks.